thrive

Generations of Care

Three Families. One Mission. Lives Impacted.



PCH Pender Community Health

PCHNE.ORG







PCH Achievements

I'M PROUD TO SHARE...

- PCH Little Sprouts Child Development Center has achieved a Step 5 rating, the highest rating available through the state's quality rating and improvement system for early childhood care and education.
- PCH received the 2026 Governor's Wellness Award at the Sower level for our commitment to workplace wellness.
- We welcomed new CT and MRI systems, bringing advancing imaging and expanding our services to now include Breast MRI.

From our CEO



LAURA **GAMBLE**

We at Pender Community Health don't only measure growth by new technology or updated facilities. We measure progress by the confidence our patients place in us, the pride our employees feel in their work, and our commitment to continually moving forward together.

Over the past several months, I've felt something special taking shape. Our investments in advanced technology, our long-term facility planning, and the way our departments are working more closely together all point to one thing—we're becoming an even stronger, more connected health system. Rather than thinking of ourselves as separate services, we're embracing our shared mission.

That work is guided by the values we've recently reaffirmed: Presence, Accountability, Kindness, Expertise, and Resilience. These aren't just words on the wall. They shape the way we care for patients, support one another, and make decisions every day.

I'm equally encouraged by the pride our employees continue to show. This year's employee engagement survey reached our highest participation rate—and 99% of employees said we provide high-quality patient care. Those numbers tell me our people know their voices matter and remain deeply committed to **our mission to be the best place to get care and the best place to give care.**

As we begin developing our next strategic plan, we're building on experience, listening carefully, and preparing for what's next. I'm excited for the future because I know we have something truly special here—a team that leads with care, serves with heart, and is committed to helping our communities thrive for generations to come.

Laura Gamble

LAURA GAMBLE, BSN, RN – CEO
Pender Community Health

Early Detection Saves Lives



When it comes to breast cancer, early detection remains one of the most powerful tools for protecting long-term health. Routine mammograms help detect changes in breast tissue before symptoms appear. This fall, Pender Community Health is expanding its breast imaging services with a new MRI system capable of performing breast MRIs right here in Pender.

For most women, annual mammograms beginning at age 40 are an important screening tool. Yet many women put off scheduling because they're nervous, too busy, or don't have symptoms. Emma Brenn, BSRT (R)(M), a Radiologic Technologist in Mammography, wants women to know they aren't alone.

At PCH, appointments include extra time to answer questions, explain each step, and make the experience as comfortable as possible. "Don't be nervous. Be proud of yourself," encourages Emma.

Mammograms are performed using advanced 3D imaging technology. If additional images are recommended, patients receive a personal phone call explaining why and what to expect. Some patients may also benefit from a **breast MRI, which produces highly detailed images of breast tissue.** Providers may recommend an MRI after a mammogram or ultrasound for patients with more dense breast tissue, those at higher risk of breast cancer, or to determine the extent of a known diagnosis.

The hospital's new Siemens Altea MRI system combines advanced imaging technology with features designed for patient comfort. MRI Technologist Jody Johnson, RT(R)(MR), says advanced software delivers greater image detail while reducing scan times. A wider opening, brighter environment, updated sound system, and more comfortable positioning can also help patients feel more at ease.

"Offering this service here [in Pender] means our patients can receive advanced imaging close to home, surrounded by the support of their family and community," Johnson explains. "It also creates a more seamless experience because patients can continue working with the providers they already know and trust."

Pender Community Health continues to invest in technology that supports earlier detection, informed decisions, and exceptional care—bringing advanced breast imaging closer to home.



AYODALE **ODULATE, M.D.**

Ask Our Expert

Dr. Odulate, radiologist with Advanced Medical Imaging who partners with PCH to read imaging results, encourages women to talk with their healthcare provider about their individual risk and screening needs.

Stay current with mammograms: Mammograms can detect breast cancer before changes are felt or symptoms appear.

Know your risk: Personal and family history can affect your breast cancer risk. Talk with your provider about your risk factors and whether additional screening may be appropriate.

Don't wait for symptoms: Breast cancer can develop without any noticeable symptoms, making regular screening important.

"Early diagnosis really does save lives," says Dr. Odulate. "It is vital to stay current with recommended mammograms."

NEED HELP PAYING FOR A MAMMOGRAM?

Nebraska's **Every Woman Matters** program may provide screening mammograms at no or reduced cost for eligible women. To learn more or see if you qualify, call 1-800-532-2227 or visit the Nebraska Department of Health and Human Services' Every Woman Matters program.

Three Families. One Mission. Lives Impacted.

GENERATIONS OF CARE

Some families pass down farms. Others pass down businesses. These families have passed down something different—a calling to care for others.

At Pender Community Health, three families have spent generations serving patients and strengthening our communities. Although these families work in different departments and serve patients in different ways, their stories share a common thread. They remind us that exceptional healthcare isn't delivered by one person or one department. It's built through compassion, teamwork, and a commitment to serving others.

The healthcare team at PCH, including physicians, nurses, technicians, pharmacists, support staff, administration, volunteers, and countless others, work together for the good of our communities. While their roles are different, they share a common mission: making **Pender Community Health the best place to get care and the best place to give care.**



THE FELBER FAMILY

Care That Extends Beyond the Clinic

For Dr. Matt Felber, medicine has always been part of his story, inspired by both his father and grandfather—both dedicated physicians. He followed a path of caring for families much like the ones he grew up around.

Today, that commitment is shared with his wife, Connie, a physician assistant, and daughters Isabelle and Lydia, who are beginning healthcare careers of their own.

"PCH is like a work family—not just a place to work," Dr. Felber says. "People genuinely care about patients and each other."

Connie says raising a family in Pender allowed their daughters to witness healthcare at its best.

"Our girls grew up coming with us on house calls and hospital rounds," she says. **"They saw that caring for people doesn't stop when you leave the clinic."**

Now a nursing student and CNA at PCH, Isabelle credits those early experiences for shaping her future.

"Watching my parents showed me healthcare is about so much more than treating illness," Isabelle says. "It's about building relationships and being there during life's most important moments."

For her younger sister, Lydia, working in the pharmacy has opened her eyes to the many people behind every patient experience.

"It takes a village to run Pender Community Health," she says. **"Every person plays an important role."**





THE DOLLIVER-WEBSTER FAMILY

Every Role Matters

Carol Webster has spent decades caring for patients as a clinic nurse, but she believes the greatest reward has always been the people.

"It's our patients, our providers, and my coworkers," she says. **"That's exactly what I love about my job."**

Her daughter, Apryl Dolliver, supports patient care from behind the scenes in Materials Management, ensuring every department has the supplies needed to care for patients.

"Without the right equipment and supplies, care can't happen," Apryl explains. **"Every role contributes to excellent patient care."**

Granddaughter Maya Dolliver has already worked in multiple departments while pursuing her healthcare career.

"Working in different roles has shown me that every position is essential," Maya says. **"There are so many people working behind the scenes to make quality care possible."**

Orthopedic surgeon Dr. Joe Carreau—Carol's son-in-law—sees patients through Pender Community Health's outpatient specialty clinic.**"The people are what make practicing here so rewarding,"** Dr. Carreau says. **"The staff and patients in Pender are so down-to-earth, appreciative, and wonderful to work with."**

He adds that excellent patient care is never the work of one individual. **"Without our primary care providers, nurses, therapists, aides, environmental services, dietary staff, and everyone behind the scenes, there's no way I could provide the level of orthopedic care our patients deserve."**

THE YOUNG-SCHUMACHER-DUENAS FAMILY

A Legacy of Compassion

For Ellen Young, nursing has always been about caring for neighbors.

"Being cared for by people you know is just easier," she says. **"The people who trained me taught me empathy, and that's stayed with me throughout my career."**

That example inspired daughter April Schumacher, who now serves patients in PCH's outpatient clinic and surgery.

"Quality patient care depends on teamwork," April says. "No single person can meet every patient's needs alone. It truly takes a team to care for our community."

Today, April watches her own daughter, Kaitlyn Duenas, continue that legacy as a registered nurse.

"Growing up, I saw that nursing wasn't just a job—it was part of who they were," Kaitlyn says. **"They taught me to treat every patient with dignity, compassion, and kindness."**

Working in their hometown makes those relationships even more meaningful.

"You get to know patients as people, not just diagnoses," Kaitlyn says. "That creates trust, accountability, and a deeper level of care."

PCH Leading with Care. Serving with Heart.

Supporting Recovery



CAROLINE **NORTON**

A FRESH SPACE TO MOVE FORWARD

The newly remodeled Cardiac and Pulmonary Rehabilitation department at Pender Community Health is designed with one goal in mind: helping patients move forward with confidence.

During COVID, Cardiac and Pulmonary Rehabilitation temporarily relocated so services could continue. While that space served an important purpose, it was never intended to be a permanent solution. The remodel creates a welcoming, comfortable environment designed around the needs of patients and the team caring for them.

"We wanted to create a space where patients feel empowered, not overwhelmed," says Caroline Norton, Manager of Cardiopulmonary Services. "Rehabilitation can be a challenging part of recovery, so having a positive environment where patients can build confidence, celebrate progress, and feel supported is important."

The updated department also improves staff workflow, making it easier for the team to interact with and supervise patients while providing safe, individualized care to support recovery.

"Ultimately, our goal is to give patients the tools and support they need to achieve better health and a higher quality of life."

– CAROLINE NORTON

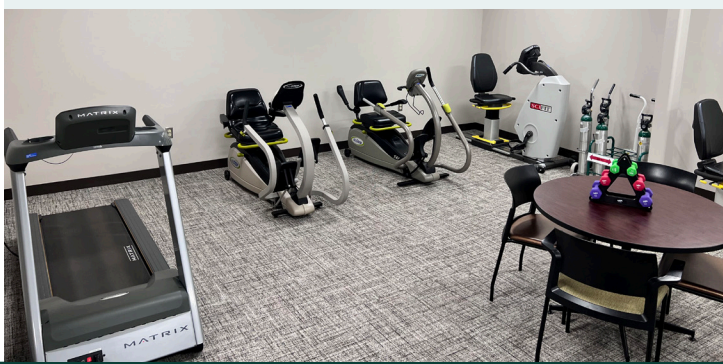


Cardiopulmonary Rehabilitation at PCH

Cardiac Rehabilitation supports patients recovering from heart attacks, bypass surgery, heart valve procedures, stent placement, heart failure, and other cardiovascular conditions.

Pulmonary & Respiratory Rehabilitation helps patients living with conditions such as COPD, emphysema, chronic bronchitis, and pulmonary fibrosis, as well as those recovering from certain lung-related illnesses or procedures.

Both programs combine monitored exercise, education, and encouragement to help patients improve their health, maintain independence, and return to the activities they enjoy.



HOW WE CAN HELP

Our cardiopulmonary rehab team is available to see patients on a daily basis. To schedule an appointment with the cardiopulmonary team, call **402-385-1819.**

New! Pre-Register from Home

MAKING HEALTHCARE MORE CONVENIENT

Managing your healthcare is easier with Pender Community Health's Patient Portal. Recent updates make it even simpler to prepare for appointments and stay connected to your care.

BEFORE YOUR APPOINTMENT

Pre-register from home:

- Review and update your contact information
- Confirm medications and allergies
- Update pharmacy preferences
- Add or update emergency contacts
- Complete select forms before you arrive

Pre-registration helps streamline check-in by allowing you to update information before your appointment. When you arrive, our team will review and confirm your information and complete check-in with you.

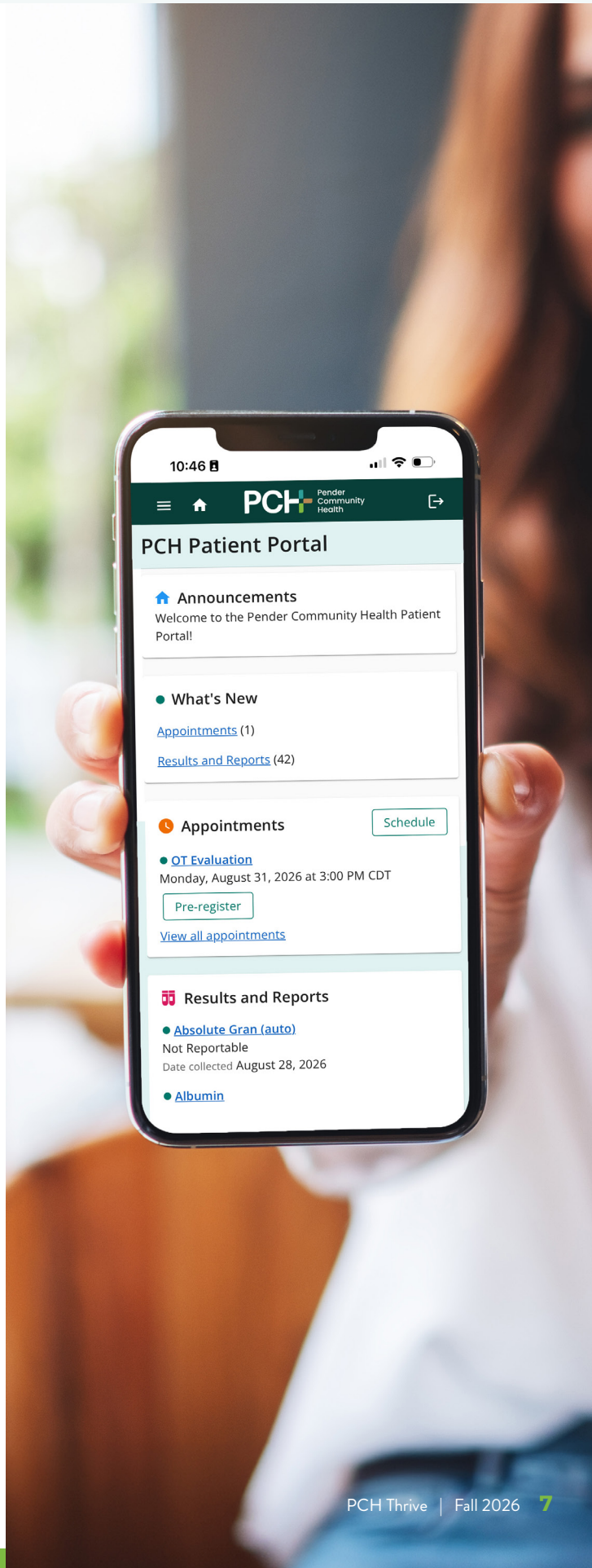
ANYTIME, ANYWHERE

Your Patient Portal gives you 24/7 access to many of the tools you use most:

- **View lab and imaging results**
- **Request prescription refills**
- **Send secure messages to your care team**
- **Manage appointments**

SCAN TO ENROLL

Not enrolled yet? Now is the perfect time to take a more active role in managing your healthcare.

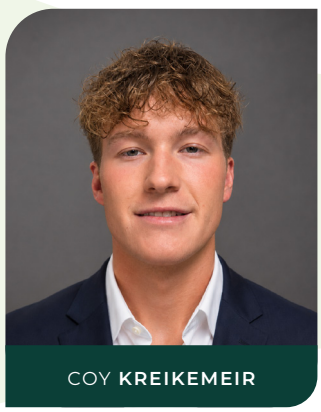


Pender Community Health

P.O. Box 100
Pender, NE 68047

2026 Scholarship Winners

Pender Community Health Care Foundation is proud to offer three scholarship awards to students in the local community every year. The scholarships are awarded to students who choose to further their education in a variety of health-related fields.



COY **KREIKEMEIR**

Merlin Brondum Memorial Scholarship

Coy Kreikemeir

The Merlin Brondum Memorial Scholarship is awarded to students accepted into a medical field of study–**$2,500**



RACHEL **BRUDIGAM**

Gloria Vollers Nursing Scholarship

Rachel Brudigam

The Gloria Vollers Nursing Scholarship is awarded to students accepted into a nursing program–**$2,000**



CAMPBELL **KNUSTEN-SNODGRASS**

Justin J. Slama Memorial Scholarship

Campbell Knusten-Snodgrass

The Justin J. Slama Memorial Scholarship is awarded to students in a pre-health science course of study–**$1,000**